



# TEACHERS' GUIDE INTRODUCTION



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# Dear Reader

As you probably know, the modern landscape of crisis management demands a highly skilled and adaptable workforce, especially within the fire and emergency services. Bridging the gap between theoretical knowledge and practical application is crucial for preparing the next generation of firefighters, first responders, and crisis managers. Therefore we are sharing with you a material which represents a significant step towards fulfilling this critical need.

## **Inspirational Educational Guidelines for VET Teachers & Educators, which represents a significant step towards fulfilling this critical need.**

This material offers practical solutions to the existing disconnect between theoretical learning and the realities of the profession. It equips educators with the tools to effectively connect abstract concepts and legislative frameworks with real-world scenarios.

While primarily intended for VET teachers, trainers, and educators, these Guidelines are designed to be a valuable resource for anyone interested in the subject matter. The content is structured to provide a clear and concise overview of key considerations, supported by real-world examples, making it accessible and engaging for a broad audience.

Check out, what's inside!





## WHAT DO YOU GET?

The inspirational Guidelines, contained in six parts and available in separate documents, cover the key topics:

1

### **Actions and Rules of Conducting Firefighting and Rescue Operations**

This section covers procedures and actions in various situations, such as fires inside buildings, in open areas, natural disasters, and man-made emergencies.

2

### **Safe Evacuation of People from a Building**

This section discusses factors that threaten life and health, evacuation procedures, and specific considerations for evacuating people with disabilities.

3

### **Firefighting Technical Equipment**

This chapter is a review of portable firefighting equipment, extinguishing agents, and personal protective equipment.

4

### **Pre-Medical First Aid**

In this part you will find principles of first aid, including safety aspects for both the rescuer and the injured, triage, cardiopulmonary resuscitation, and assistance with fractures, wounds, burns, and shocks

5

### **Mental Health and Well-being**

From here, students will learn about the challenges faced by firefighters and first responders, stress management strategies, and psychological support for victims of disasters and accidents.

6

### **Soft Skills in the Fire Service**

This section enables development of competencies in communication, teamwork, leadership, problem-solving, work ethic, adaptability, and interpersonal skills

Each part is presented in a separate document, which you can view or download from our educational platform.



## HOW DO WE PUT IT?

The innovation of these Guidelines lies in their focus on bridging the theory-practice gap within a field where educational resources are often limited. We recognize educators' significant challenge in independently developing strategies to connect these two crucial aspects of the profession. These Guidelines are designed to alleviate this burden by providing a readily available and comprehensive resource, enabling teachers to deliver up-to-date and relevant instruction, and ultimately fostering greater engagement among their students.

Each chapter is divided into lesson plans described in a way that enables you to navigate easily across the content:

### Step-by-Step solutions

Practical guidance and instructions on how to link theory with practice, including concrete examples of actions that can be implemented.

### Examples of activities for students

A set of engaging and interactive activities to help students understand and apply their knowledge in practical scenarios

### Engaging students with theory

Innovative methods and techniques to help convey complex theoretical concepts in attractive and understandable way

Above all, you will get a bunch of ready-to-use resources for the classroom available by clicking, downloading, or scanning the QR code.

We believe these Guidelines will have a direct and positive impact on your work, making it less time-consuming, more engaging, and more fun, by providing you with these materials and practical strategies for linking the theoretical and practical dimensions of fire management and crisis monitoring.

We are hoping that these Inspirational Educational Guidelines for VET Teachers & Educators will serve as an invaluable tool for preparing the next generation of fire and emergency service professionals.

Do not hesitate to share your thoughts with us!

**Ready4Crisis Project Team**





# ABOUT US

Inspirational Educational Guidelines for VET Teachers & Educators have been developed by an international team of educators and professionals in firefighting, medical education, and crisis management, working on the project called "Ready4crisis-Innovation of the Monitoring and Crisis Management in the VET Study Programmes for an Integrated Rescue System"

Project partners:

**RegioVision**



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**For more info check: [www.ready4crisis.eu](http://www.ready4crisis.eu)**



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